

**Y**OU ARE CHRISTIANS,  
THEN YOUR LORD IS ONE  
AND THE SAME WITH JESUS  
ON THE THRONE OF HIS GLORY,  
with Jesus in His Blessed Sacrament,  
with Jesus received into your hearts in Com-  
munion, with Jesus who is mystically with  
you as you pray and with Jesus enshrined  
in the hearts and bodies of His brothers &  
sisters up and down the world. ❖ ❖ ❖

“**N**OW go out into the highways and hedges,  
and look for Jesus in the ragged and  
naked, in the oppressed and sweated, in  
those who have lost hope, and in those  
who are struggling to make good. Look  
for Jesus in them; and when you find  
Him, gird yourselves with His towel of  
fellowship, and wash His feet  
in the person of His  
brethren.”

*Frank Weston, SSC  
Late Bishop of Zanzibar  
(1923)*

